

High School Golf Ready Program

Junior Development Program – Summer Session

The **High School Golf Ready Program** is designed to help junior golfers prepare for high school golf through structured instruction, supervised play, and independent skill development. This program focuses on building strong fundamentals, course management skills, and confidence in competitive environments.

Participants will receive **professional instruction, guided on-course playing experience, and structured practice plans** to help them develop the skills necessary to compete and improve.

Program Goals

This program is designed to help juniors:

- Prepare for **high school golf competition**
 - Learn **how to practice effectively**
 - Improve **on-course decision making**
 - Build **confidence in tournament-style play**
 - Develop **consistent fundamentals**
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Eligibility

- **Ages 13–17:** Beginner to Advanced Players
 - **Ages 10–12:** Advanced juniors may participate (*with professional approval*)
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Program Components

1. Instructor-Led Group Instruction (6 Hours)

Professional instruction sessions focusing on:

- Full swing fundamentals
- Short game development (chipping, pitching, bunker play)
- Putting fundamentals and green reading
- Practice structure and improvement strategies
- On-course strategy and decision making

Time: Tuesdays, 8:45–9:45 AM

Dates:

- June 23
 - June 30
 - July 7
 - July 14
 - July 21
 - July 28
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2. One-on-One Trackman Video Analysis (2 Hours)

We will do an initial swing analysis and a mid-season review

Time: Scheduled Independently

3. Structured Independent Practice (10 Hours Required)

Players will complete **8 hours of structured independent practice** during the program. Practice plans will be provided each week, so juniors learn **how to practice with purpose**, similar to high school and collegiate players.

Practice will include structured drills for:

- Ball striking
- Distance control
- Short game scoring shots
- Putting performance
- Pre-shot routine development

Players will **track practice time and drills completed**.

4. On-Course Playing Experience (12 Hours)

Players will participate in organized playing opportunities with pairings to simulate competitive play and develop course management skills.

9-Hole Playing Days:

Tee Time: Starting at 10:00 AM (2 hours approx.)

- June 30
- July 14

18-Hole Playing Days:

Tee Time: Starting at 10:00 AM (4 hours approx.)

- July 21
- July 28

Total Program Structure

<u>Component</u>	<u>Hours</u>
Instructor-Led Instruction	6 Hours
Individual Swing Analysis	2 Hours
Structured Independent Practice	10 Hours
On-Course Playing	12 Hours
Total Program Time	30 Hours